

Provided By a Class One Railway **Employee Seriously Injured** **(Working on or About Tracks)**

What:	Recently, a 3 rd Party railroad employee sustained a serious injury while walking alongside a track with moving equipment.
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So What:	<p>Unfortunately, this is a strong reminder of the significant hazards of working on or about tracks. Anytime we are working on or about tracks we must ensure that we are clear of any movements and expect movement at ANYTIME, in any direction. Always minimize the time foul of a track as contact with any moving on track equipment can result severe or even catastrophic injuries.</p> <p>Slip/trips can result in minor injuries, but they have also proven to have the potential for significant strains, tears, and even more serious result when the fall happens close to moving equipment. When walking on ice or hard packed snow adjust your walking style to minimized chance of falling. Observe where you are placing your feet, adjust for icy or slippery conditions - Walk like a penguin if needed and wear appropriate footwear that is in good condition.</p> <p>Additionally, if you see winter walking hazards, take action:</p> <ul style="list-style-type: none"> • Use the strategically placed sand/gravel barrels to address the hazard • Give your co-workers a heads up on conditions • Report any unsafe condition you cannot address to your supervisor and use the SafetyHazard Reporting tool. <p>Activating these controls and leveraging our Home Safe principles will allow us all to go home safe every day.</p>
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Now What:	<p>Employee engagement (managers/ employees) to discuss:</p> <ul style="list-style-type: none"> • The incident described above • Safety rule “On or About Tracks” Ensure that you ask employees with respect to working around live tracks and what they do to constantly maintain situational awareness when working on or about tracks. • Home Safe - Discuss how we can prevent slip/trip and fall injuries. Inspect each other’s boots and anti-slip footwear for traction properties (all silica embedded, cleats present?) Provide a heads up to co-workers if you experience or see an icy or snow packed walking condition.
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SafetyRule

On or About Tracks

1. Look in both directions before:
 - Fouling or crossing any track
 - Getting on or off equipment; or
 - Operating a switch.
2. Never walk or stand foul of a track between the rails or on the shoulder tie ends, unless there are no other viable options available, and it is safe to do so.
3. When walking between equipment, ensure there is a minimum of 50 feet of separation between equipment.
4. Allow at least 15 feet when passing around the end of standing equipment unless proper protection is provided.
5. Before going between or working on the end of rail equipment that does not have a locomotive coupled to it:
 - a crew member, must verbally inform other crew members, and other crews working in close proximity by radio and receive acknowledgment from those notified.
 - must not be coupled to and/or handbrakes released that could affect the movement of such equipment without permission from the crew member that is between or at the end of rail equipment.
6. When duties require you to cross a track, walk directly across the track at a right angle (90-degrees). Employees must look both ways prior to each track and apply a 90-Degree principle when conditions permit.

Best Practice:

When walking ahead of a movement, ensure you check the position of the movement often and never foul the track.

Home Safe principles are critically important.

When conducting pre-shift job briefings all crew members must make the Home Safe commitment to each other.

- **If I see a co-worker at risk, I will warn them**
- **If I am at risk, I want a co-worker to let me know**